

Want to try something that's fun and healthy?

Looking to get in shape for the summer?



**Black Bear Dojo**



is now proudly offering:

**KICKBOXING & YOGA**

with our new instructor, Zack!

**Tuesdays & Thursdays  
5:45 and 6:45**

Come meet Zack and try out a class  
for **FREE!**

**\$100 a month - no limit on classes!**



Check our website :

[www.blackbearkarate.com](http://www.blackbearkarate.com)

On Facebook :

Black Bear Dojo

Or give us a call :

860.865.0485

